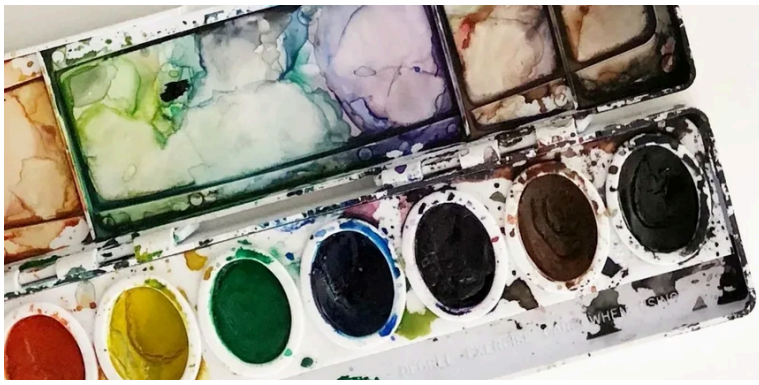
Free Caregiver Event: Watercolor Class!

Am I a caregiver?

You are a caregiver if you:

- Shop for groceries, cook, clean, or do laundry for someone who needs help with these tasks.
- Make medical appointments for someone and/or drive to the doctor and drug store.
- Help a friend, neighbor, or family member with personal care.
- Take care of someone who has a chronic illness.

The Cattaraugus County Department of the Aging and Tri-County Arts Council are excited to provide this opportunity for caregivers to take time to relax, get together with other caregivers, and enjoy learning a new skill.



Watercolor Class:

November 4, 2026

2:30 p.m. to 4:30 p.m.

Classes will take place at:
Department of the Aging
Nutrition and Caregiver Resource Center
3 East Main Street, Allegany

Space is limited - call and register TODAY! 716-200-4107

This material has been funded in whole or in part by grants from the New York State Office for the Aging (NYSOFA), and/or Administration on Aging (AOA), and/or Administration for Community Living (ACL). Nothing herein is intended, nor should be construed as an endorsement by the State of New York.