



Cattaraugus County Department of the Aging

1-800-462-2901

(716) 373-8032



Senior Wellness and Nutrition Program Menu

Reservations and cancellations must be made 24 hours in advance to the Site Manager

6/2/25	Sloppy Joe on Bun	Green Beans, Blushing Pears, Fruit Juice
6/3/25	National Fried Egg Day Fried Egg, Cheese & Sausage on Croissant	Home fries, Banana, Tomato Juice
6/4/25	National Cheese Day Four Cheese Pasta	Capri Veggies, Peaches, Whole-Grain Bread, Fruit/Veggie Juice
6/5/25	Sliced Roast Turkey With Gravy	Mashed Potatoes With Gravy, Peas, Mandarin Oranges, Whole-Grain Dinner Roll
6/6/25	Battered Fish	Potato Wedges, Coleslaw, Pineapple, Rye Bread, Fruit Juice
6/9/25	Chicken Parmesan Over Penne	California Blend Veggies, Tropical Fruit, Garlic Bread, Fruit Juice
6/10/25	Chopped Steak With Mushroom Gravy	Roasted Red Potatoes, Carrots, Fresh Pear, Whole-Grain Bread, Fruit Juice
6/11/25	Sweet & Sour Pork Over Rice	Oriental Veggies, Pineapple, WG Dinner Roll, Fruit Juice
6/12/25	National Peanut Butter Cookie Day Crab Salad With Lettuce on Flatbread	Three Bean Salad, Mixed Fruit, Peanut Butter Cookie

6/13/25	Blueberry Pancake With Fried Egg	Turkey Sausage, Hash Brown, Warm Applesauce, Fruit/Veggie Juice
6/16/25	National Fresh Veggies Day Ham & Turkey Juliane Salad	Ranch Dressing, Grapes, Whole-Grain Dinner Roll
6/17/25	Hot Dog On A Bun	Baked Beans, Tater Tots, Fruit Cocktail, Fruit Juice
6/18/25	BBQ Chicken Drumstick	Au Gratin Potatoes, Mixed Veggies, Banana, Rye Bread
6/19/25	Meatloaf With Gravy	Mashed Potatoes With Gravy, Corn, Pineapple, Whole-Grain Bread, Fruit Juice
6/20/25	National Ice Cream Soda Day (congregate only) Macaroni & Cheese	Stewed Tomatoes, Fresh Peach, Whole-Grain Dinner Roll
6/23/25	Sausage Gravy Over Biscuit	Home Fries, Fresh Pear, Tomato Juice
6/24/25	Broccoli Chicken Alfredo Over Noodles	Peas, Fresh Tangerine, Garlic Bread
6/25/25	Beef Tips Over Rice	Capri Veggies, Fruit Cocktail, , Multi-Grain Bread, Fruit/Veggie Juice
6/26/25	Chocolate Pudding Day Turkey Salad, Lettuce On Croissant	Pickled Beets, Chocolate Pudding, Fresh Melon
6/27/25	National Onion Day Flame Broiled Burger On Bun	Lettuce, Tomato, Onion, Onion Ring, Warm Cinnamon Applesauce, Potato Salad
6/30/25	Chicken Cordon Bleu	Red Potato, Key Largo Veggies, Peaches, WG Bread

ATTENTION:

Meals on Wheels Participants - Please call if you will NOT be home for your meal delivery.

All meals are served with 1/2 pint milk and whipped spread.

Menus are subject to change without notification.